



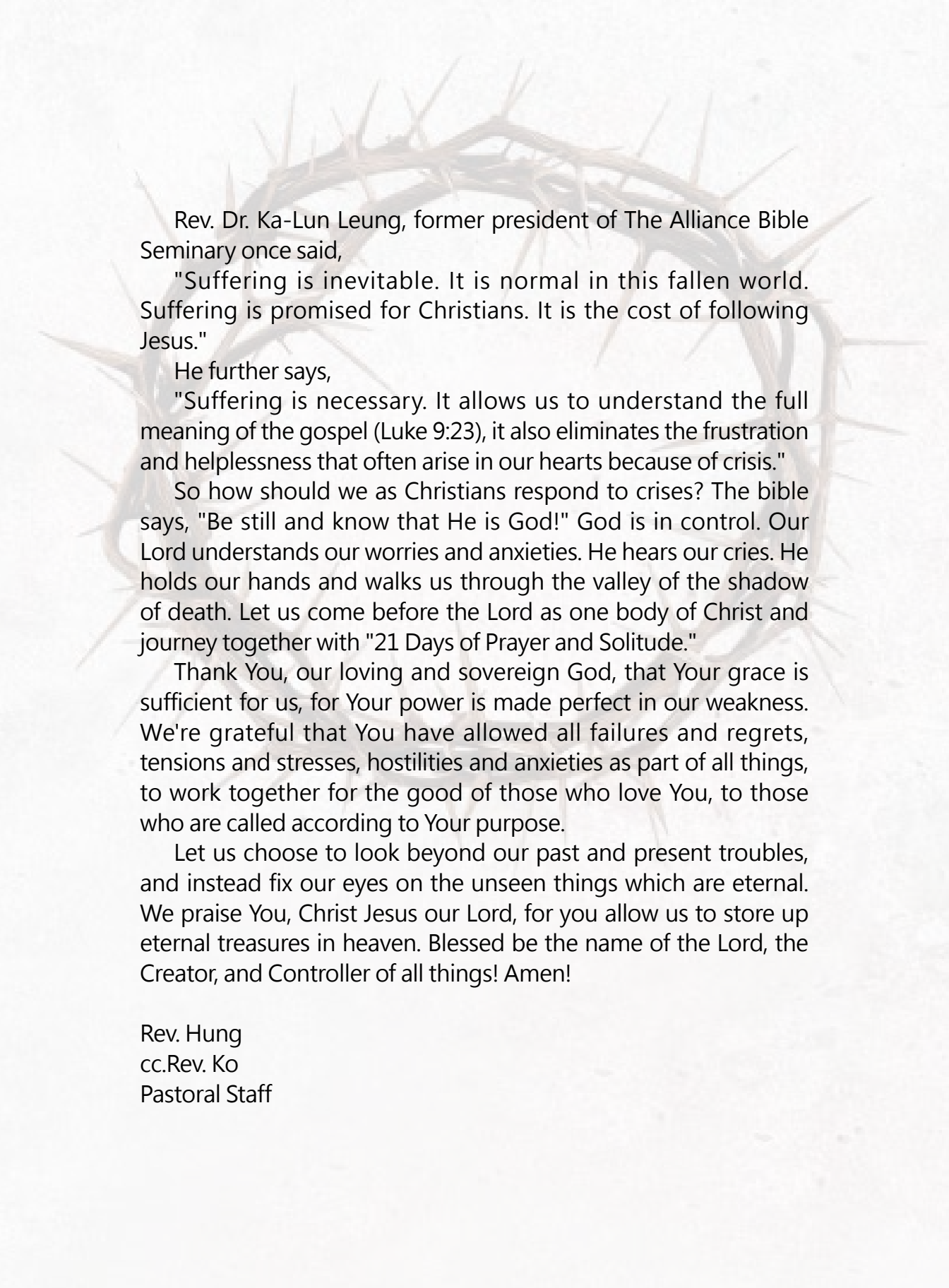
紐約華人宣道會

Chinese Alliance Church of C&MA

**Church/3Stone**

**21 DAYS**  
**of**  
**PRAYER**

**(3/23-4-12)**



Rev. Dr. Ka-Lun Leung, former president of The Alliance Bible Seminary once said,

"Suffering is inevitable. It is normal in this fallen world. Suffering is promised for Christians. It is the cost of following Jesus."

He further says,

"Suffering is necessary. It allows us to understand the full meaning of the gospel (Luke 9:23), it also eliminates the frustration and helplessness that often arise in our hearts because of crisis."

So how should we as Christians respond to crises? The bible says, "Be still and know that He is God!" God is in control. Our Lord understands our worries and anxieties. He hears our cries. He holds our hands and walks us through the valley of the shadow of death. Let us come before the Lord as one body of Christ and journey together with "21 Days of Prayer and Solitude."

Thank You, our loving and sovereign God, that Your grace is sufficient for us, for Your power is made perfect in our weakness. We're grateful that You have allowed all failures and regrets, tensions and stresses, hostilities and anxieties as part of all things, to work together for the good of those who love You, to those who are called according to Your purpose.

Let us choose to look beyond our past and present troubles, and instead fix our eyes on the unseen things which are eternal. We praise You, Christ Jesus our Lord, for you allow us to store up eternal treasures in heaven. Blessed be the name of the Lord, the Creator, and Controller of all things! Amen!

Rev. Hung

cc.Rev. Ko

Pastoral Staff

Please Click The Day Of Prayer Of Your Choice

■ 3/23 Day 1

■ 4/3 Day 12

■ 3/24 Day 2

■ 4/4 Day 13

■ 3/25 Day 3

■ 4/5 Day 14

■ 3/26 Day 4

■ 4/6 Day 15

■ 3/27 Day 5

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■ 4/8 Day 17

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■ 4/1 Day 10

■ 4/12 Day 21

■ 4/2 Day 11



# "Jesus at the Right Hand of God Interceding for Us"

## SCRIPTURE

*Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. (Romans 8:34)*

Starting from today, we will use 21 days to meditate on our relationship with our Lord Jesus Christ. We will study the prayer life of Jesus from the New Testament. At the beginning of this journey, Romans 8:34 reminds us an important fact, that Jesus is still praying today, at the right hand of God interceding for us. Jesus reminds us that:

1. We are not just praying on our own, we pray together with Jesus. He is listening to our prayers, so that when we pray in the name of Jesus, He will listen. There is nothing that can separate us from the love of Christ.
2. We can experience God when we pray, because He is praying for us. This was the testimony of John in the Book of Revelations. He saw the Lord in prayers, and he received power and vision. Every believer can receive help through prayers.

## MEDITATION

1. How does Jesus pray for us today? Pray that the Lord will use these 21 days of prayer in reminding us the prayer life of Jesus, what to pray for, and how to pray.
2. Do you have any worries, angers, sadness that prevent us from coming to the Lord? Anything that prevents us from praying for different things and different people? Anything that prevents us from laying our burdens on Him? Let us tell Him now!

## PRAYER

Dear Abba Father, thank you for allowing me to start this 21 days prayer journey, that I can experience together with brothers and sisters in praying and learning your example of prayer. I pray that you can remove all obstacles that prevent me from coming to You, so that I can bring all my worries, angers, and sorrows to you. Because I know I need to pray. Lord please listen to my prayer, listen to the words of my mouth. Oh Risen Lord thank you for praying for me every day, praying for my prayer life, praying for my knowing you more, praying for my experiencing more of your love. Lord I am a sinner not worthy of your love. Therefore, Lord, help me to give my heart to you, so that my eyes will love your way only, that I will be able to hear your voice every day. Holy Spirit, move me every day and illuminate my heart, and call me to follow the footsteps of Jesus. I pray this in the Holy name of Jesus Christ. Amen.

## "May You Glorify Your Son"

### SCRIPTURE

*After Jesus said this, he looked toward heaven and prayed: "Father, the hour has come. Glorify your Son, that your Son may glorify you. (John 17:1)*

John 17 is usually called the High Priestly Prayer. It is probably a prayer that Jesus made when he left Jerusalem with the disciples back to the place where they stayed, after a long series of teachings he gave to his disciples (John 13-16).

The High Priestly Prayer is the longest recorded prayer of Jesus in the Bible. This prayer is longer than all other prayers by Jesus recorded in the Bible added together. Why did Jesus make such a long prayer? There is only one reason, that is for the glory of the Father to be shown. Therefore Jesus began his prayer with his finishing this work, and then pray for his disciples to continue his mission.

Jesus knew that the time has come, so he prayed in this way. He knew that when he was nailed to the cross, all men can see through the cross, the glory of Christ and the glory of God that exist before the world was created. Because of sin, men cannot see this glory. But when Christ Jesus shed his blood on the cross, every person who believes in Jesus can be cleansed through his blood from the sin which separates us from God.

### MEDITATION

1. Use one minute to meditate on the mission of our Lord Jesus, and think about how this mission can be accomplished, and how you can participate in it.
2. The cross of Jesus was considered a shame by many people, but it became the glory of Christ. What type of glory do we seek today?

### PRAYER

Heavenly Father, thank you for sending Lord Jesus to the world to accomplish salvation, so that we can be cleansed from our sins through the blood of Christ shed on the cross, and we can see your glory through the Holy Spirit.

Lord, help me to glorify you with my life, use my life as your witness, so that people can see your glory. I pray that in this year you will lead every one of us in church to have the same conviction from the Holy Spirit, so that we will serve you and glorify your name. We will serve you through the sharing of the Gospel.

Holy Spirit, give me a humble heart, to receive your prompting, so that in whatever situations I can experience your glory, be attracted to the Lord, be healed in my body and spirit. Thank you for listening to my prayer, in the Name of our Lord Jesus Christ. Amen.

# "Eternal Life is Knowing Jesus Christ"

## SCRIPTURE

*Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent. (John 17:3)*

In this prayer, Jesus clearly tells us that, eternal life comes from two understandings: knowing the Heavenly Father is the only true God, and knowing Jesus Christ whom the Father has sent (the Messiah promised in the Old Testament). In the Bible "knowing" not only refers to head knowledge, but also our subjective experience, and a close relationship with the person we know (Hosea 2:9-10). Today we have believed in Jesus, we know that He is the Son of God, nailed to the cross for your sins, raised up after three days, taken up to heaven, and will return one day. But have we experienced his reality ourselves? Have we experienced the help of Jesus, our difficulties overcame, and our sickness healed? Do we have a close relationship with Jesus? We can certainly experience the presence of our Lord, hear His voice, and in the Name of Jesus overcome the power of the devil, rejoice always, pray continually, and give thanks in all circumstances, and experience the Holy Spirit all the time.

## MEDITATION

1. Why did Jesus pray for himself? Because he knew that the time has come for him to be nailed to the cross, and that is the time when the glory of God is shown. Do we pray every morning for the glory of God be shown?
2. The mission of Jesus is to give eternal lives to everyone who believes in Him. Are we certain that we all have eternal lives? In this tumultuous times, what work has God given to us? Have we taken on his assignments seriously?

## PRAYER

To the God who gives us eternal life, thank you for sending your only Son Jesus Christ to accomplish salvation on the cross, so that I can believe in Jesus, know that you are the only true God, know that Jesus Christ is the one whom you sent, and obtain eternal life. Lord, please help me in these 21 days to learn how to be close to your heart, think your thoughts, and brings all my worries, angers and sorrows to you. Help me to pray for people who has not yet believed, so that more people can come to know Jesus Christ to receive eternal lives. Help me to experience this burden, so that I can witness boldly with your Word and with the power of the Holy Spirit. In Jesus Christ's name I pray. Amen.



## "Our Father in Heaven"

### SCRIPTURE

*This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, (Matthew 6:9)*

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven (Matthew 6:9-10). The first part of Jesus' Sermon on the Mount has demonstrated the difference between the culture of the Kingdom of God and the prevailing culture of the time, and it teaches the disciples the key to living out the Kingdom of God is prayer (5:43). Therefore the key to the Sermon on the Mount is the Lord's Prayer. This was not the prayer of Jesus himself, but Jesus' teaching to the disciples on how to pray. Not that the disciples do not know how to pray, but Jesus wanted to teach them the prayer that can help them live out the culture of the Kingdom of God. With "Our Father in Heaven", Jesus reminds us that the recipient of our prayers is our God in Heaven, not any powerful person or idol. We call the God we believe in as our Heavenly Father, and this is a proclamation that he is a powerful God, the Lord of the Most High, and the Creator of all the earth. Calling God our Heavenly Father is a proclamation on the close relationship between God and men, a family relationship between believers and this Creator. This God is not remote from us, but a loving Father to his sons and daughters, such that He sent His only Son Jesus Christ to die for us on the cross. Therefore, this title calls all sons and daughters of God to look solely upon God, and prepare to listen to the voice of God.

### MEDITATION

1. "Our Father in Heaven", whenever we pray to God in this way, we proclaim that our Heavenly Father is powerful, and willing to be with us. Do we really believe our Heavenly Father is powerful, and that He wants to be close to us? Do your prayers start with your own needs, or our Father in Heaven?
2. "Our Father in Heaven", please remember the last time our Heavenly Father helped us, and share the experience with at least one person.

### PRAYER

Our Father in Heaven, thank you for creating me, so that I can enjoy the earth you make. Through believing in Jesus, I know that I am your children. This is the Good News, and it is my responsibility to be a witness of this Gospel, and this is also the responsibility of everyone. Through being a witness for you, our identity is confirmed, and we have joy and peace. Lord, sin has made men blind and their hearts hard, so that many people are still far away from your grace. Lord, please use me as your witness, to testify the sufficiency of your grace, your mercy, and the power of your Gospel. Lord, make me not ashamed of the Gospel, so that wherever I go, I can witness through the power of your Holy Spirit, so that people who are lost will know that you are our Heavenly Father. In Jesus' name we pray. Amen.

## "Hallowed Be Your Name"

### SCRIPTURE

*This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, (Matthew 6:9)*

"Hallowed by your name", this is an affirmation of us who pray, that we need to live a life of holiness, because God is Holy. So that people can see the work of God in us, and know His power and Godliness. One who lives in the culture of the Kingdom of Heaven, is not just a "good person", but someone who can live out a life demonstrating the presence of God. Therefore our purpose is not to live out a life obeying a set of rules and laws, but to make others see God's glory in our lives, so that God's name will be honored.

Believing in Jesus, and following His footsteps, is to glorify God and serve others. Believing in Jesus is to live out a life of Holiness, so that God's name will be honored, and that when people see our deeds, they can see the work of God, and know God's name; when they see God's provision in our lives, they will give glory to Jehovah Jireh; when they see God's healing in our lives, they will give glory to Jehovah Rapha; when they see the peace in our lives, they will give glory to Jehovah Shalom.

### MEDITATION

1. Can our brothers and sisters in church, our family and friends, our neighbours, and our colleagues, see in us the work of God, his glory and power, and give glory to God?
2. "Hallowed be your name": Have we sinned against God recently? Please meditate on this for one minute, and pray that the blood of Jesus Christ will cleanse our sins, that He will lead us to live a life of holiness, so that we can see the glory of God, and hear His voice.

### PRAYER

Our Father in Heaven, lead our church so that when we face problems, we do not try to solve the problems on our own, but know that we need to come before you to pray. May the Holy Spirit lead us not to rely on chariots or horses, but to rely on the name of Jesus alone, so that all in our church will honor your name. Abba Father, thank you for giving Jesus as an example, and teach us to live out the Kingdom of God. Holy Spirit, help me to live out a life of holiness, so that I can be a witness to your Kingdom wherever I go, hear your voice, be filled with your power, so that in whatever situation, I will rely on your name only to do your work. Lord I thank you for helping me to overcome my weaknesses, and overcome in all situations. In Jesus' name I pray. Amen.



# "May Your Kingdom Come"

## SCRIPTURE

*Your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:10)*

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:9-10)

"May your kingdom come", these words ask our Heavenly Father to make his Kingdom come down to earth. According to the teachings of Jesus, the Kingdom of God is different from any earthly kingdoms. It is not a kingdom denoted by geographical boundaries, and neither a heaven that only the dead can go. It is a truth that accompanies the incarnation of Jesus, a kingdom that comes with the resurrection of Jesus, a kingdom that demonstrates the glory of God, a kingdom that goes beyond the limitation of space and time.

Augustine (354-430, one of the most important theologians of the early church), told us that "a little faith can bring man to the Kingdom of God, and a great faith can bring the Kingdom of God to man's heart". This is the reason why Jesus taught us to pray in this way, because with the incarnation of Jesus Christ, and His death on the cross and resurrection, this becomes a witness to the work of salvation, and is also the reason why we can pray in this way.

## MEDITATION

1. "May your kingdom come", when we pray in this way, this is not praying for something far away. This is praying for God to change our mind, grant us faith, so that we can see the Kingdom through the faith given by the Holy Spirit. (Luke 9:27)
2. "The Kingdom of God is in your midst" (Luke 17:21). No matter what type of environment we are living in, we can live out a life worthy of our calling, because the Kingdom of God is in our midst. Please share this good news with at least one person.

## PRAYER

Dear Abba Father, thank you for giving us according to your promise the Kingdom of God through the incarnation of Jesus Christ, so that every believer can see the coming of the Kingdom. Especially in this world ravaged by plague, what a wonderful grace it is, and what an awesome glory it is. Lord, open my eyes so that I can see your glory, see your Kingdom come. May the Holy Spirit come to change my mind, my eyes, my ears, my hands and my feet. Make me see the world through your eyes, my hands only working on what pleases you, my feet only walking on your path. Holy Spirit, fill me and make me live under your guidance, and have enough faith to live according to your Word, following the movement of the Spirit, always looking towards your Kingdom. Let me see your Kingdom come, and grant me strengths to labour for you, and experience the goodness of the Kingdom of God. Thank you for making me your witness. Listen to my prayer, in Jesus' name I pray. Amen.

## "Your Will Be Done on Earth"

### SCRIPTURE

*Your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:10)*

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:9-10)

"The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!" (Mark 1:15). This was what Jesus taught from Galilee to Jerusalem, and he also taught the Israelites "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms." (Luke 24:44). Apart from these, Jesus also healed the sick, drove out demons, so that the blind could see, the lame could walk, and even the dead was raised. Why did these things happen? Because this is the will of God, through the teaching of Jesus, and the power of the Holy Spirit, fulfilled on earth. Jesus said "Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father." (John 14:12)

"May your will be done on earth, as it is in heaven", we can really do things even greater than what Jesus did, and that is the reason why Jesus taught the disciples to pray in this way. He taught us to pray in this way, so that we can rely on the power of the Holy Spirit, to live out a life demonstrating the Kingdom of God here on earth.

### Meditation

1. There has been a saying, there are two ways of living: "one way is nothing is miracle, the other way is everything is a miracle". Which one do you choose? Is it a miracle that you are alive today?
2. What would Jesus do? Every day there are lots of things that we need to do. Before you start working on them, ask yourself, what would Jesus do if He was in your situation?

### PRAYER

Our Heavenly Father, thank you for giving me strength, so that I can live according to your will, and through the Holy Spirit in me, that I can overcome the devil who roams across the earth. Strengthen my heart so that I can be a witness for you in all situations, and live out a different life, a life that demonstrates the Kingdom of God, a life that makes your will be done on earth as it is in heaven, so that your glory will be shown, and your name be honored.

Lord, increase my faith daily, and grant me my daily strength, heal my body and soul, so that I can learn to rely on you, that I can pray continually for the healing of the sick, the renewal of our community, the revival of the church, and fight the good fight. Lord, thank you for helping me live out a life demonstrating the reality of the Kingdom. Thank you for listening to my prayer, in Jesus' name I pray. Amen.

## "Give Us Today Our Daily Bread"

### SCRIPTURE

*Give us today our daily bread. (Matthew 6:11)*

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. (Matthew 6:11-13)

After teaching us the beginning of our prayer should be about our Heavenly Father, Jesus taught us to pray for our daily needs. Daily bread is what we need to sustain life, and that is also what many people spend their life focusing on. But Jesus taught us to pray in this way, so that we can understand that God will give us our daily needs, just like He gave manna to the Israelites in the desert, because He knows what we need.

"Give us today our daily bread", Jesus taught us to pray in this way, so that we can believe God will provide. Especially during this time of pandemic, people are uncertain and fearful. Jesus taught us to rely completely on Him, because He knows what we need. We only need to pray in faith, and God will provide us with what we need, every single day.

### MEDITATION

1. In the current uncertain and fearful atmosphere, there are a lot of different needs in people's lives. God knows all these and care about them, do we pray for these?
2. "Give us today our daily bread", Jesus teaches us to pray in this way, showing that everyone needs to pray for their daily needs before God. Try to recall how God supplied your needs yesterday, and ask Him for your needs for today.

### PRAYER

Our Heavenly Father who gave out the manna, there are so many people who are still living in poverty, lacking in basic supplies. May you be merciful to them and provide them with their needs. Lord, at the same time, there are many people who hunger not for food, but for your words. Therefore speak to them, and make them know that seek first your Kingdom, and all these needs will be given to them. Let them know that in you we lack nothing, you are Jehovah Jireh, you are the great shepherd Jesus who gives us an abundant life, you are the Holy Spirit who grants us spiritual richness.

Dear Heavenly Father, I pray that you will use me as your witness, so that more people know that you are the one who supplies our daily needs, that they will believe in you, and live our a life of total reliance on you. May you make them follow the footsteps of Jesus, and give glory to you all the time. Thank you for giving us our daily needs, and thank you for making me a witness for you. Listen to my prayer, in Jesus' name I pray. Amen.



## "Forgive Us Our Debts"

### SCRIPTURE

*And forgive us our debts, as we also have forgiven our debtors. (Matthew 6:12)*

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. (Matthew 6:11-13)

"Forgive us our sins, for we also forgive everyone who sins against us" (Luke 4:11), the parallel text in Luke makes clear that we asked our Heavenly Father to forgive our sins and not any financial debt, because Jesus taught the disciples to live our a life of forgiveness, to forgive those who has sinned against us.

Do we not believe that the blood of Jesus has cleansed our sins? Why is there an extra condition when we ask God for forgiveness? Why is this prayer for forgiveness only effective when we forgive others? This is not adding an extra condition. Jesus told us that only when we learn to forgive others, do we experience the unconditional forgiveness by God, and so then can we live out this life of forgiveness in the Kingdom of God.

This is a prayer that let us experience the forgiveness of sins by God, so that this not just a piece of knowledge, but an integral part of our life experience. Only when we pray in this way, we can enter the Kingdom of God, no longer embittered by past hatred and hurts, so that we can enjoy the fullness of the Kingdom.

### MEDITATION

1. Have we forgiven our debtors? Have we forgiven those who sinned against us? Those who hurt us?
2. "And forgive us our debts, as we also have forgiven our debtors", Jesus teach us to pray in this way, because we still hold grudges against others, even among Christians. Try to write down what you cannot easily forgive, and pray that God will heal the relationship.

### PRAYER

Heavenly Father, thank you for giving us salvation through the cross of Christ, and cleanse our sins through the blood of Christ. Holy Spirit, teach me how to forgive others, so that I am no longer bound by sins, and live out a truly abundant life.

Lord, I know that I cannot forgive those who sinned against me through my own effort alone. Only when the Holy Spirit fill me with the love of God can I forgive, therefore oh Holy Spirit, teach me and fill me.

Holy Spirit, I don't want to continue to live in hatred. I want to overcome the bondage of the evil one, and enter a Kingdom where there is no hatred or unforgiveness. Teach me how to forgive, so that I can live an abundant life, fight the good fight, and bear many fruits. Listen to my prayer, in Jesus' name I pray. Amen.

## "Deliver Us from the Evil One"

### SCRIPTURE

*And lead us not into temptation, but deliver us from the evil one. (Matthew 6:13)*

Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. (Matthew 6:11-13)

"And lead us not into temptation, but deliver us from the evil one" (Luke 11:4), this parallel text in Luke tells us that Jesus teaches us to pray for the Father to deliver us from the temptations of the evil one. Because our flesh is weak, no body can overcome temptation with flesh and blood. Starting from the Fall of Adam and Eve in the Garden of Eden, we know that men always have all sorts of reasons to not to follow God, and fall into temptations, because before the evil one, we are helpless on our own.

The evil one can tempt us through the environment and those around us, it can also tempt us through our words and feelings. From Adam to Abraham, Jacob, David, Solomon, Peter, and even many pastors whom we respect have failed before; therefore Jesus teaches us to pray in this way, to ask for God's mercy, for His daily guidance. The Spirit of Jesus will lead us, so that we can make the right choice every single moment, and not fall into temptations. Our lives will also grow in these tests, so that we can live out a life that overcomes the evil one.

### MEDITATION

1. What is the difference between temptation and test? The original Greek word for these two words are the same, but Bible translators translate them into different English words. Why is it possible for the same event to be a temptation and a test at the same time?
2. "And lead us not into temptation, but deliver us from the evil one". Please meditate on a failure when tempted and write it down. What did I learn in that failure? Can I overcome if the same temptation happen again?

### PRAYER

Our Heavenly Father, thank you for giving us a way out during temptations, so that we can be delivered from the evil one. Holy Spirit, help me to see the way out of temptation, and be a lamp upon my feet, so that I can walk on the right path and not fail and fall short of your glory. Lord, have mercy on me this sinner, who are so frequently misled by the evil one, to sin, bring shame to your name, and be a poor witness to those who want to come to you. Forgive me my sins and cleanse me through the blood of Jesus Christ, remove all that is unpleasant to you in me, deliver from me all the work of stealing, killing, and destroying that the evil one did in me (John 10:10). Rebuild my life, so that I can serve you and become a blessing to others, and glorify your name. Listen to my prayer, in Jesus' name I pray. Amen.

## "Pray Always And Not Give Up"

### SCRIPTURE

*Then Jesus told his disciples a parable to show them that they should always pray and not give up. (Luke 18:1)*

And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? I tell you, he will see that they get justice, and quickly. However, when the Son of Man comes, will he find faith on the earth?" (Luke 18:7-8)

"In a certain town there was a judge" (18:2-5), on the road to Jerusalem, Jesus told this parable to teach the disciples prayer. In the story the widow asked a judge who do not fear God nor care what people think to grant her justice, and she prevailed with her persistence. At the end of the story, Jesus told us to listen to what the judge said, to encourage us pray with persistence like the widow.

"That they should always pray and not give up" (18:1) is the purpose of Jesus' parable, but how can we not give up when we are in great distress? "However, when the Son of Man comes, will he find faith on earth?" This conclusion at the end explains that, only people with faith will pray in this way. The widow is so persistent because she believes she can change the judge, and even this judge who do not care about what people think grant her justice at the end. Through this Jesus wants to point out that our Heavenly Father who loves us will surely listen to our prayers, and grant us justice. Jesus encourages us with this story to pray always and not give up, and not to be discouraged when problems do not get solved immediately. We need to keep praying, for men of prayer can experience the Kingdom of God.

### MEDITATION

1. "Pray always and not give up", Jesus reminds us of praying in faith. When we pray in faith, not only will we not give up, we can even meet God. What are the reasons that discourage us from praying?

2. Jesus encourage us to pray always. If you have a regular prayer life, please continue to enjoy it; if you don't have one, we encourage you to have a devoted time of prayer after these 21 days. Please write down in the following the arrangement of your prayer life, including when and where to pray.

### PRAYER

Dear Heavenly Father, thank you for giving us the power to pray, so that when we pray, we can see your glory and guidance. Give me strength so that when I pray I can hear your voice, that I can build up myself in your words. Make me understand more of your will through prayers, so that I can enjoy every prayer time, and maybe it become a fruitful time of fellowship with you.

Holy Spirit, open my eyes and my ears, remove all that hardens my heart, so that when I pray I can experience your presence. Let me see the vision you give, experience your love, receive your teaching, so that I can become closer to you through prayers; when I am in trouble show me a way out, when I am weak strengthen me, when I fail raise me up, when I am confused show me the way. Let me experience the joy of prayer, and grow in your way. In Jesus' name I pray. Amen.



## "Pray for Becoming One"

### SCRIPTURE

*My prayer is not for them alone. I pray also for those who will believe in me through their message. (John 17:20)*

That all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me. I have given them the glory that you gave me, that they may be one as we are one. (John 17:21-22)

In the last section of the High Priestly Prayer Jesus prayed for all believers. There are two foci in this part: praying for the unity of future believers (20-23), and praying for the presence of God with them (24-26). Today we consider the first focus.

"Pray also for those who will believe in me through their message", at that time there were only 12 core disciples with Jesus, and it wasn't easy to maintain unity for these 12 disciples. They quarreled over many different things, and those who believe through their message are numbered in tens and even hundreds of millions, how can they become one? It is not easy for different local churches to become one, and even a very small church can have many differences in opinions, not to mention megachurches.

Jesus was not praying for the elimination of all our differences and disagreements, but he was praying that the believers can become one just as he and Father is one. He prayed for our unity in Christ, so that all men can know that Jesus is the Christ sent by God, and make people know that our Heavenly Father loves the church as He loves Jesus.

### MEDITATION

1. "That all of them may be one, Father, just as you are in me and I am in you", Jesus's prayer tells us that the close relationship between Jesus and the Father, is the basis of all human relationships. How are our relationships with the Father today?
2. "I in them" (John 17:23), please use one minute to meditate on the things you did in the past week. Was Jesus in them? If not, why? If so, what did Jesus do? Please write them down.

### PRAYER

Our Heavenly Father, grant us a humble heart, a teachable spirit, so that I can walk into your will, just like the life of Jesus. Father though we cannot be completely like Jesus, we pray that you will make us grow in the likeness of Jesus, so that we can pray like Jesus, and be obedient like Jesus. Although we cannot completely understand your love, we still pray that you can help us love like Jesus did, love our neighbours, love our brothers and sisters, and love our coworkers.

Holy Spirit, people in our church have different backgrounds and personalities, and they have differences and disagreements. May you fill our church and heal all our hurts, so that we can be a true church, a church that is pleasing to you, a light on a hill, and use our church to save many. Make us your disciples, and help us to disciple others. It is impossible for us to do these on our own, but Jesus has prayed to the Father for our unity. Therefore we believe that we can attain the unity in Christ and experience its fruitfulness. Thank you for listening to my prayer. In Jesus' name I pray. Amen.

## "Pray for Those Who Persecute You"

### SCRIPTURE

*But I tell you, love your enemies and pray for those who persecute you (Matthew 5:44)*

If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your own people, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect. (Matthew 5:46-48)

The disciples believe in Jesus and they can enter the Kingdom of God, be the salt and light of this world, and live out a life demonstrating the culture of the Kingdom. The Sermon on the Mount in Matthew 5-7 is an illustration of the culture of the Kingdom of God. Matthew 5:43-48 is the conclusion of the first section of the Sermon on the Mount. Jesus taught the disciples to love our enemies, because this is what our king Jesus did himself. God give grace to both good and evil people, therefore as the disciples are the sons and daughters of the Kingdom, they need to love like the Father, and that requires loving enemies and loving those who persecute them. This is no human ethics, but the special culture of the Kingdom.

Jesus knows that if the heart of the disciples are still filled with hatred, thinking of revenge all the time, then they cannot enjoy the goodness of the Kingdom. This type of attitude will let sin crouch on our doors. Therefore Jesus teaches us to pray for our enemies.

### MEDITATION

1. There are similarities in the culture of the Kingdom of God with common ethics and moral rules, but they are fundamentally different. Moral rules can help us understand the culture of the Kingdom, but never replace it. What would be a good way to truly understand this Kingdom culture, and integrate this into our daily lives?
2. "Pray for those who persecute you", is there anyone currently persecuting us? Why? Can we pray for them? Write down their needs.

### PRAYER

Our perfect Heavenly Father, thank you for your merciful love to us, so that we can enjoy a new life after believing in Jesus, that we can live a joyful life. Make us treasure our position as citizens of the Kingdom of Heaven, and remind us to live out a life worthy of our calling, so that we can have the strength to forgive whoever has sinned against us, and even pray for them.

Holy Spirit, I pray that you will use me as your witness, so that more people can enter the Kingdom of God. Let me meditate on the teachings of the Bible, so that I can follow your instructions. Lord, I pray that you will give me the strength to love, to love those who have sinned against me, and even those who are now persecuting me. I also pray that you will enable them to love, so that we can reconcile in love. I want to do this today, and your mercy be with me, and walk with me. In Jesus Christ's name I pray. Amen.

## "Praying for the Presence of God"

### SCRIPTURE

"Father, I want those you have given me to be with me where I am, and to see my glory, the glory you have given me because you loved me before the creation of the world. (John 17:24)

I have made you known to them, and will continue to make you known in order that the love you have for me may be in them and that I myself may be in them." (John 17:26)

"Father, I want those you have given me to be with me where I am", the presence of God was what Jesus prayed for for the future believers. But he did not pray for the presence of God directly with the believers, but he prayed for the believers to be with him himself. Yet Jesus was taken up to heaven, does it mean that they are taken there? Are not all believers including us waiting for the return of our Lord, so that we can be with him forever?

Jesus prayed for the presence of Jesus in their lives before the his second coming, how is this possible? "The love you have for me may be in them" (verse 26), Jesus prayed for this because love can turn what is impossible into possible. Because when this love is in them, I am also in them. Man can experience the presence of Jesus through Godly love.

How can man have the love of God? Those who believe in Jesus will have this love, whenever they listen to God's words, worship, pray, serve, they can experience the outpouring of this love by the Holy Spirit (Romans 5:5). This is what we need to do, to receive God's love, so that we can experience the presence of God. Amen.

### MEDITATION

1. Because of Jesus' prayer, the church can have the presence of God. If our church does not frequently experience the presence of God, what is the main reason?
2. "That I myself may be in them" (John 17:26), please use one minute to recall what you did in the past week, and ask if there was the love of God in them. If not, why? If so, what did God's love move us to do? Please write them down.

### PRAYER

Heavenly Father who loves us from the beginning, thank you for loving us, so that wherever we are, you are with us, seeing whatever we do, listening whatever we speak. Therefore, Lord, guide us to do what pleases you, and not to do anything that would bring shame to your name. Give us more faith, so that we can follow your words, and raise up everyone in the church. Make them moved by your Spirit, and be active in meetings and serving, receiving new gifts, and witness for you.

Holy Spirit, I pray that you can build up our love from the beginning, so that we can experience your presence all the time. I pray for a heart that longs for righteousness, a heart that longs for your presence, a heart that longs for your words, a heart that longs for Godly love that enables us to love you, others, and the church more. If we do not have this heart of love, then we cannot know God, and cannot experience your presence. Lord, we are here, please use us to love, to love our neighbours. Lord we know that we cannot do this on our own, but because of your presence, we can do, because you can. Raise us up, so that we are not ashamed of the Gospel, and be a bold witness for you. In Jesus' name I pray. Amen.



## "Pray for God's Name be Glorified"

### SCRIPTURE

"Now my soul is troubled, and what shall I say? 'Father, save me from this hour'? No, it was for this very reason I came to this hour. Father, glorify your name!" (John 12:27-28a)

Jesus replied, "The hour has come for the Son of Man to be glorified. Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life. (John 12:23-25)

After Jesus entered Jerusalem in the shouts of the crowd, he taught this parable of a kernel of wheat falling to the ground and dies to the Jews coming for the festival. He showed that for the followers of Jesus, if they can give up their lives on earth like he did, they can obtain eternal life, and the glory given by God. Then Jesus prayed.

"Now my soul is troubled...", Jesus prayed this when he was full of sorrow, because he knew that the time has come for him to go to the cross. This was a painful and shameful way of death, but he still wanted to continue on this path to the cross. Was this the time that Jesus be glorified? Yes, the cross is indeed the hour when the Son of Man be glorified (verse 23), but this prayer of Jesus told us, he did not pray for people to see his own glory, but for the name of the Father to be glorified. This was the reason the Jesus became flesh and lived among us.

### MEDITATION

1. "Father, save me from this hour", why did Jesus pray in this way? Did he not already know this was the hour? If his soul was troubled, he could go back to Galilee! Why did he still enter Jerusalem?
2. "Father, glorify your name!", for the name of the Father to be glorified, Jesus did not act according to his own will but the Father's. Please list the things that we like to do, and the things that our Heavenly Father likes us to do. Think carefully which you would decide to do.

### PRAYER

Dear Heavenly Father, I have been making decisions based on my own feelings and preferences for many years. But Lord, if what I do can glorify your name, may you help me to give up my own feelings, my own glory, my strivings, even if it requires me to give out time, money, effort, or any other things I treasure, so that your name be glorified. Lord, I want to do this.

Holy Spirit, it is difficult for me to give up my pursuits and preferences for your glory, it is also something that I am not willing to do on my own. May you grant me strength, and move me to walk the path that you have prepared for me, so that I can serve you wholeheartedly, because I know that your mind is higher than my mind, and your way is higher than my way. Your words will become the light upon my feet, so that when I act according to your will, your name will be glorified. In this way I can receive the greatest grace and blessing. Therefore Lord I am willing to live according to your will, may whatever small service I do I can give glory to you. In Jesus' name I pray. Amen.

## "Giving Thanks at the Last Supper"

### SCRIPTURE

*While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take it; this is my body." (Mark 14:22)*

Then he took a cup, and when he had given thanks, he gave it to them, and they all drank from it. "This is my blood of the covenant, which is poured out for many," he said to them. "Truly I tell you, I will not drink again from the fruit of the vine until that day when I drink it new in the kingdom of God." (Mark 14:23-25)

In the Gospel of Mark, on the night when Jesus was arrested, Jesus ate the Passover meal with the disciples according to the tradition of the Jews. According to the Jewish oral tradition "Mishna", there is a standard practice for the Passover meal and all Jews follow it. They would drink four cups of wine and sing hymns of praise, starting with the first cup of wine and ending with the hymns.

"Take it; this is my body", when it was time for the last cup, Jesus stood up and took bread, gave thanks, broke it and gave it to the disciples. These words establish the new covenant bought by the body and blood of Jesus.

What Jesus said was probably similar to the blessings used the Jewish tradition, just like "Hosanna! Blessed is he who comes in the name of the Lord!" (Mark 11:9-10, Psalms 118:25-26). The Jews had been singing and giving blessing in this way for at least several hundred years. This time it was completely different, because the blessing given by Jesus made all the waiting a thing of the past, salvation has been accomplished and the time of the new covenant has come.

### MEDITATION

1. "Take it; this is my body", because of the giving thanks by Jesus, his body was broken like the bread, leading to salvation and the new covenant. What does this event remind us? How can our lives and all that we have been used by the Lord?
2. "This is my blood of the covenant, which is poured out for many", because of the giving thanks by Jesus, his blood make what the wine symbolizes come true, that men can be released from the bondage of sin. Please meditate for a minute and write down the sins you can remember, and pray that the blood of Christ will cleanse them.

### PRAYER

Dear Heavenly Father, thank you for sending your only son Jesus to the cross to establish salvation, so that I can be released from the bondage of sin through the blood of Christ. I pray that you can help me overcome all that is sinful in me, because the blood of the Lamb is effective and powerful.

Dear Lord Jesus, I want to be set free from my pride and desire. I pray that you will cleanse my sins with the blood of Christ; I want to be whiter than snow, cleanse me from my sins because your blood is powerful.

Holy Spirit, I want to serve my King Jesus. I pray that you will lead me to overcome every day, because the blood of the Lamb is powerful. Lord, please use me as your witness, as a witness to the effectiveness of the blood of Christ. Thank you for listening to my prayer, in Jesus' name I pray. Amen.

## "Praying for Peter"

### SCRIPTURE

*"But I have prayed for you, Simon, that your faith may not fail. And when you have turned back, strengthen your brothers." (Luke 22:32)*

But he replied, "Lord, I am ready to go with you to prison and to death." Jesus answered, "I tell you, Peter, before the rooster crows today, you will deny three times that you know me." (Luke 22:33-34)

The night before Jesus was arrested, Jesus ate the Passover meal with the disciples and established the Communion, but the disciples would only understand all these after Jesus' death and resurrection. But another event that Jesus mentioned during the meal came about very soon, and that was the denial of Jesus by Peter.

"I tell you, Peter, before the rooster crows today, you will deny three times that you know me." When the Gospel of Luke record this event, the focus is not on the denial of Jesus by Peter before the rooster crowed, but on the prayer by Jesus for Peter.

"But I have prayed for you, Simon, that your faith may not fail. And when you have turned back, strengthen your brothers." Jesus prayed for this because he wanted Peter's life be changed after he turn back, because God was going to use him to strengthen his brothers. But the devil wanted to destroy the work of the disciples and sift them all as wheat.

### MEDITATION

1. "But I have prayed for you, Simon, that your faith may not fail.", because of Jesus' prayer, Peter was re-established. Do you recall anyone who has fallen in his/her faith? Pray for their faith not failing like what Jesus did for Peter.
2. "When you have turned back, strengthen your brothers." Use one minute to remember how weak you were, and give thanks to the Lord for coming back to him. But the Lord not only wants you to come back to him, he also wants to use you to strengthen other brothers and sisters. From this event of turning back, what grace have you received that can be used to strengthen other brothers and sisters? Please write them down.

### PRAYER

Merciful Heavenly Father, thank you for forgiving my sins many many times, and help me to stand up again. Lord I know you dearly love [name of brother/sister who walked away], he/she has not come to church or fellowship for a long time, may you send your angels to help him/her, and let him/her know that you still love him/her dearly. Because of the power of Jesus' blood to cleanse away sins, may he/she be moved by the Holy Spirit again, so that he/she can see Jesus and hear your voice, to be renewed by you again, and return to us to worship, to fellowship, to serve and to receive your grace.

Holy Spirit, I believe you not only wants he/she to turn back, you will use him/her mightily, like you asked Peter to strengthen brothers and sisters after he turned back. Therefore, may you fan into flame the gifts you gave him/her, and even give him/her new gifts, so that he/she will be used greatly to help others, so that we can receive grace and be built up together. Thank you for listening to my prayer, in Jesus' name I pray. Amen.



## "Praying in the Garden of Gethsemane"

### SCRIPTURE

*"Father, if you are willing, take this cup from me; yet not my will, but yours be done." (Luke 22:42)*

Jesus went out as usual to the Mount of Olives, and his disciples followed him. On reaching the place, he said to them, "Pray that you will not fall into temptation." He withdrew about a stone's throw beyond them, knelt down and prayed (Luke 22:39-41)

On the night when Jesus was betrayed, Jesus and the disciples as usual passed by the Garden of Gethsemane on the road back to Bethany. He knew that he was going to be betrayed and was deeply troubled, he was struggling with whether to obey the flesh or obey the Father. He prayed to overcome that temptation, therefore he stopped everyone to pray for "not falling into temptation".

"Father, if you are willing, take this cup from me; yet not my will, but yours be done." Jesus already knew that he would be betrayed and nailed to the cross, he knew it would be very painful, and he wanted to avoid it. He could choose not to go the cross, and that was exactly his struggle. That was the reason why he prayed in the Garden of Gethsemane, to pray for "not falling into temptation". Yes, therefore Jesus asked the disciples to pray for this, to pray for his obeying the Father's will. Therefore Jesus prayed earnestly for "Father, if you are willing, take this cup from me", but the disciples did not understand, they all fell asleep. Jesus made the right decision after this prayer of struggle, and obey the will of the Father.

### MEDITATION

1. Obeying the Lord will always bring challenges and difficulties. We face the temptation of disobedience all the time, because it always appears much easier to live our own lives and pursue our own desires. If Jesus ask us to change this year, how would we respond?
2. "Yet not my will, but yours be done". Please use one minute to meditate on an event, and write down your own decisions and what Jesus wants you to do. How would you choose?

### PRAYER

Dear Heavenly Father, thank you for walking with us every day, that I can live in the light of your words. Thank you for giving me the Holy Spirit, so that I can obey your commands, live out an obedient life, so that I can walk with the Lord in strong faith.

Lord Jesus who gives me life, thank you for giving your words that light up my path, so that there is no darkness on my path, not a piece of dark cloud. I pray that you will lead me to live an obedient life, remove my doubts, so that in all my life I can enjoy your mercy and love.

Holy Spirit who grants me power, because of your gifts, I have the strength to carry my burdens, that I can follow the Lord wholeheartedly. I pray that you will continue to fill me, so that I can be a bold witness for you, to love and to forgive others, so that our church can be one, and walk with you for long.

Father Son and the Holy Spirit, the Holy Trinity, thank you for giving your words to me, so that I can become an obedient person. In Jesus' name I pray. Amen.

## "For They Do Not Know What They Are Doing"

### SCRIPTURE

*Jesus said, "Father, forgive them, for they do not know what they are doing." And they divided up his clothes by casting lots. (Luke 23:34)*

The people stood watching, and the rulers even sneered at him. They said, "He saved others; let him save himself if he is God's Messiah, the Chosen One." (Luke 23:35)

When Jesus was nailed to the cross, although he was enduring great physical pain, he was still praying to the Father, not for the removal of his pain, but for others, and for the work that the Father has assigned him. In the scripture today he prayed for the ones who attacked and mocked him. "Father, forgive them, for they do not know what they are doing". Jesus prayed for the Jews who shed the blood of an innocent person, because Jesus was sinless. They nailed Jesus to the cross because they did not know that he is Christ, and thought that he was guilty of blasphemy.

Who are "they"? Pilates? Or the religious leaders such as the high priest, scribes, Pharisees, and Saducees? Or the crowd in Jerusalem who called for Jesus to be crucified? Or the soldiers who mocked Jesus? Judas who betrayed Jesus? Or the disciples who were scattered when Jesus was arrested?

### MEDITATION

1. "Father, forgive them", Jesus prayed for "their" sins to be forgiven. Who are "they"? Were they just the crowd who were watching without a word? How about men who opposed Christians in these two millennia? How about you and me?
2. "For they do not know what they are doing". Please use one minute to recall one thing we did recently that was not pleasing to Jesus or brought shame to His name. Is the prayer of Jesus effective on this?

### PRAYER

Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge. Surely I was sinful at birth, sinful from the time my mother conceived me. Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place. Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. Let me hear joy and gladness; let the bones you have crushed rejoice. Hide your face from my sins and blot out all my iniquity.

Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. Then I will teach transgressors your ways, so that sinners will turn back to you. Deliver me from the guilt of bloodshed, O God, you who are God my Savior, and my tongue will sing of your righteousness. Open my lips, Lord, and my mouth will declare your praise.

In Jesus' name I pray. Amen.

## "It is Finished."

### SCRIPTURE

*When he had received the drink, Jesus said, "It is finished." With that, he bowed his head and gave up his spirit. (John 19:30)*

My God, my God, why have you forsaken me? (Mark 15:34, Matthew 27:46)

Jesus called out with a loud voice, "Father, into your hands I commit my spirit." When he had said this, he breathed his last. (Luke 23:46)

The four gospels all recorded that Jesus called out in a loud voice on the cross, and then breathed his last. They all recorded that Jesus called out his last words. Although what was recorded was different in the four gospels, they were all words of prayer. It was a prayer that Jesus reported his finishing of his mission to the Father, showing his complete obedience.

"It is finished" was Jesus' prayer, to tell the Father his mission was finished. This was not a painful last struggle, but a declaration of his overcoming of his own weakness. "Father, into your hands I commit my spirit", the Gospel of Luke recorded these words. It also showed that Jesus has overcome, and he gave back his spirit to the Father. "My God, my God, why have you forsaken me?" The last words recorded in Mark and Matthew come from Psalm 22:1, this psalm describes what Jesus was experiencing, he was in great suffering, but because he was obedient, he shall be victorious.

### MEDITATIONS

1. "It is finished", the last words of Jesus was a declaration of victory. Jesus was not defeated by the devil, he did not turn back when facing suffering. He was obedient in finishing the mission the Father has given him. Are we also faithful in finishing the mission that God has given us?
2. "It is finished". What tasks has God assigned us to do? Please meditate for one minute, and list possible difficulties and questions. Then declare in the name of Jesus, that you will be faithful, and give your best to finishing the task, and be victorious by relying on Jesus.

### PRAYER

Heavenly Father who love me with your everlasting love, thank you for raising me up from dust, so that I can believe in Jesus and become your sons and daughters. Lord, please remind me always, that I am not a nominal Christian. You want me to understand more of your love, receive more of your spiritual gifts, so that I can finish the tasks that you have given me, and that is to make all the nations praise you, all the people sing praises to you, because you show great love to us, and your faithfulness endures forever, Hallelujah!

King Jesus, thank you for establishing the Kingdom of God on earth through the work on your cross, so that everyone who believes in you can live out a life of holiness. Your Gospel is the power of God, therefore I shall boast of the Gospel, and serve you wholeheartedly, and study your words. Holy Spirit, may you help me know the truth, so that I can live a life of righteousness. May you fill me so that I can live out a life like Jesus, to finish the task. Because being able to serve you is my blessed portion, my source of strength, and my joy. In Jesus' name I pray. Amen.



## "He Always Lives to Intercede for Them"

### SCRIPTURE

*Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them. (Hebrews 7:25)*

Hebrews 7:20-28 can be considered the introduction to the second half of the Book of Hebrews, on the High Priestly position of Jesus. The author quotes Psalm 110 to explain that Jesus is a priest on the order of Melchizedek, therefore he is higher than the priests on the order of Aaron. Because Jesus was declared a priest by God, because he lives forever, and because he is exalted above heavens. Because of these, everyone who believes in Jesus can have their sins forgiven and saved.

"Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them." The exaltedness of Jesus' High Priestly position not only saves people from their sins, because he lives forever and intercedes for believers at the right hand of God (Romans 8:34), everyone who is saved by Jesus can live an abundant life. And because Jesus is a priest higher than the order of Aaron, his prayers can release us from sins, so that all the destructions done by sin in our lives can be renewed. Because Jesus lives forever and prays for us, our lives will be revived, our church will be revived. Hallelujah!

### MEDITATIONS

1. "He is able to save completely", the salvation by Jesus is not superficial, but complete. Why are there believers who do not experience a revival of their lives? What is wrong? Is it a problem of Jesus? Or something else?
2. Today is the last day of the exercise of fasting, and our 21 days of prayer is going to end. Jesus will continue to pray for us, and he expects to pray every day too. Please write down below your arrangements of your daily time of prayer, including time, location, materials, etc. Then give thanks to all these, and pray that you can be persistent in praying.

### PRAYER

May my cry come before you, Lord; give me understanding according to your word.

May my supplication come before you; deliver me according to your promise.

May my lips overflow with praise, for you teach me your decrees.

May my tongue sing of your word, for all your commands are righteous.

May your hand be ready to help me, for I have chosen your precepts.

I long for your salvation, Lord, and your law gives me delight.

Let me live that I may praise you, and may your laws sustain me.

I have strayed like a lost sheep. Seek your servant, for I have not forgotten your commands.

Thank you Lord for listening to my prayer, in Jesus' name I pray. Amen.